



**ABILITY FIRST ADULT DAY CENTER**  
**2115 Beech Street Duncan, OK 73533**  
**FAX 580-252-3370**

***Physician's Orders***

Please ask your physician to complete the following information for Ability First Adult Day Center, as part of programming requirements for the Oklahoma Department of Health.

Participant: \_\_\_\_\_

Date of birth: \_\_\_\_\_  
FIRST MI LAST

1) Date of last physical assessment: \_\_\_\_\_

2) List of all diagnoses: 1) \_\_\_\_\_ 2) \_\_\_\_\_  
3) \_\_\_\_\_ 4) \_\_\_\_\_  
5) \_\_\_\_\_ 6) \_\_\_\_\_  
7) \_\_\_\_\_ 8) \_\_\_\_\_

3) Weight and vital signs taken once every month unless otherwise stated: \_\_\_\_\_

4) A. Is patient diabetic? (If no, skip to next question: ☐ Y ☐ N

B. Test blood sugar once every month unless otherwise stated: \_\_\_\_\_

5) Other treatments including oxygen or breathing treatments: \_\_\_\_\_

6) Is there a DNR order: ☐ Y ☐ N

7) Allergies to Medications or Foods: \_\_\_\_\_

8) Medications including OTC meds (please include dosage and frequency):

1) _____	8) _____
2) _____	9) _____
3) _____	10) _____
4) _____	11) _____
5) _____	12) _____
6) _____	13) _____
7) _____	14) _____

9) Patient may have any of the following on a prn basis (please check):

☐ Tylenol 500 mg ☐ Tums antacid ☐ Other (please specify)

10) Dietary needs (please check one):

☐ General or Regular diet ☐ General Diabetic diet ☐ Sodium Restricted diet



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☐ Other (include any food or fluid restrictions): \_\_\_\_\_

11) Patient may receive wound care with soap and water for cuts and scrapes? ☐ Y ☐ N

12) A. Patient may participate in group chair exercises? ☐ Y ☐ N

B. Activity level: \_\_\_\_\_

13) Seizure Protocol:

☐ Not Applicable

☐ Call 911 if a seizure lasts over \_\_\_\_ minutes.

☐ Call 911 if has more than \_\_\_\_ seizures in \_\_\_\_ minutes.

Please note: Ability First Adult Day Center will automatically make contact with responsible person after seizure and after calling for emergency services when necessary.

14) Special Instructions:

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Physician's Printed Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Date: \_\_\_\_\_ Signature of physician: \_\_\_\_\_